

Wisconsin WIC Program Directory of Forms, Publications and Materials

The materials listed below are sorted by category of information. Within each category, items are listed alphabetically in column two. When ordering, use the publication name and the item number in column one. Some items are only available on the WICPRO website: http://dhfs.wisconsin.gov/dph_info/bfch/WICPRO/index.htm.

Ordering online is the easiest and quickest way to obtain these materials. Instructions are provided at: <http://dhfs.wisconsin.gov/forms/PrintFormsOnLine.htm>. If you prefer to order by mailing in a DMT-25 form, see the last page of this directory for instructions.

PROGRAM MANAGEMENT MATERIALS

PPH 4094	Affirmative Action Poster: "And Justice for All"
DPH 40052A	Breast Pump Order Request (Print from WICPRO website)
DPH 4322	Complaint Form for WIC Participants and Vendors
HFS-9 II	Confidential Information Release Authorization
HFS-9 IIS	Confidential Information Release Authorization (Spanish)
DMT 855	DHFS Expenditure Report Form
DPH 4506	Draft Inventory Log
PPH 4087	Federal Regulations (Call Central Office to order: 608-266-9824)
PPH 4468	Forms and Publications Directory (Available online at: http://dhfs.wisconsin.gov/dph_info/bfch/WICPRO/forms/directory.pdf)
DMT 25	Forms and Publications Requisition
PPH 9448	Good Start Essentials (Order by number of sheets, not by number of pads)
PPH 9445	Good Start Supreme (Order by number of sheets, not by number of pads)
PPH 9446	Good Start Supreme DHA & ARA (Order by number of sheets, not by number of pads)
PPH 9447	Good Start Supreme Soy DHA & ARA (Order by number of sheets, not by number of pads)
DPH 4220	Ineligibility/Termination and Waiting List Letter
DPH 4220S	Ineligibility/Termination and Waiting List Letter (Spanish)
DPH 4333	Project Caseload Status Report
DPH 4333A	Project Caseload Status Report Instructions
DPH 40089	Receipt for Confiscated Checks
DPH 4624	WIC Budget Worksheets (Available by e-mail from Central Office: 608-266-9824)
DPH 40019	WIC No Proof Statement (English)
DPH 40019S	WIC No Proof Statement (Spanish)
PPH 4086	WIC Operations Manual
PPH 4083	Wisconsin WIC Program Project Directory (Call Central Office to order: 608-266-9824)

OUTREACH MATERIALS

DPH 4158	Application Brochure with Postcard (English)
DPH 4158S	Application Brochure with Postcard (Spanish)
PPH 4542	Bookmark
PPH 4784	General Outreach Brochure (English)
PPH 4784H	General Outreach Brochure (Hmong)
PPH 4784S	General Outreach Brochure (Spanish)
PPH 4785	General Outreach Poster (English)
PPH 4785H	General Outreach Poster (Hmong)
PPH 4785S	General Outreach Poster (Spanish)

PPH 4785A	General Outreach Tear-Off Pad (English)
PPH 4785E	General Outreach Tear-Off Pad (Hmong)
PPH 4785C	General Outreach Tear-Off Pad (Spanish)
No Number	Logos: Healthy Kids, Clown and National Logo (Call Central Office to order: 608-266-9824)
PPH 4257	Outreach Brochure for Professionals

CERTIFICATION MATERIALS

PPH 4481	Directions for Using WIC Checks
PPH 4501	Income Eligibility Table (Print from WICPRO website)
DPH 4161	Participant Rights and Responsibilities (English)
DPH 4161S	Participant Rights and Responsibilities (Spanish)
DPH 4160A	Plastic Covers for WIC Folders (Packaged in units of 200)
PPH 4728	WIC Approved Food List (English) (Print from WICPRO website)
PPH 4728S	WIC Approved Food List (Spanish) (Print from WICPRO website)
PPH 4578	WIC Approved Foods Brochure (Pictorial Guide)
DPH 4160L	WIC Folder (English)
DPH 4160LS	WIC Folder (Spanish)
DPH 4024B	WIC Formula and Medical Nutritional Prescriptions: Clinical Data—Infants and Children (Print from WICPRO website)
DPH 4024A	WIC Medical Nutritional Prescriptions: Clinical Data—Pregnant, Breastfeeding and Non-Breastfeeding Postpartum Women (Print from WICPRO website)
No Number	WIC, You and the Grocery Store, Too! (English) (Call Central Office to order: 608-266-9824)
No Number	WIC, You and the Grocery Store, Too! (Hmong) (Call Central Office to order: 608-266-9824)
No Number	WIC, You and the Grocery Store, Too! (Spanish) (Call Central Office to order: 608-266-9824)

NUTRITION EDUCATION CARDS

PPH 40029	Family Health	Food Safety: Prepare with Care (English)
PPH 40029S	Family Health	Food Safety: Prepare with Care (Spanish)
PPH 40030	Family Health	Switch to Low-Fat Milk (English)
PPH 40030S	Family Health	Switch to Low-Fat Milk (Spanish)
PPH 4908	Feeding Your Baby 01	Helpful Hints for Parents of Newborns (English)
PPH 4908S	Feeding Your Baby 01	Helpful Hints for Parents of Newborns (Spanish)
PPH 4909	Feeding Your Baby 02	0-4 Months Bottle-Feeding Basics (English)
PPH 4909S	Feeding Your Baby 02	0-4 Months Bottle-Feeding Basics (Spanish)
PPH 4910	Feeding Your Baby 03	Suggestions for Adding Solid Foods (English)
PPH 4910S	Feeding Your Baby 03	Suggestions for Adding Solid Foods (Spanish)
PPH 4870	Feeding Your Baby 04	Starting Spoon Feedings (English)
PPH 4870S	Feeding Your Baby 04	Starting Spoon Feedings (Spanish)
PPH 4871	Feeding Your Baby 05	6-8 Months (English)
PPH 4871S	Feeding Your Baby 05	6-8 Months (Spanish)
PPH 4881	Feeding Your Baby 06	Teaching Your Baby to Use a Cup (English)
PPH 4881S	Feeding Your Baby 06	Teaching Your Baby to Use a Cup (Spanish)
PPH 4872	Feeding Your Baby 07	8-10 Months (English)
PPH 4872S	Feeding Your Baby 07	8-10 Months (Spanish)
PPH 4873	Feeding Your Baby 08	10-12 Months (English)
PPH 4873S	Feeding Your Baby 08	10-12 Months (Spanish)
PPH 4880	Feeding Your Baby 09	Easy Ways to Keep Your Baby's Teeth Beautiful (English)
PPH 4880S	Feeding Your Baby 09	Easy Ways to Keep Your Baby's Teeth Beautiful (Spanish)
PPH 4882	Feeding Your Baby 10	Weaning From the Bottle (English)
PPH 4882S	Feeding Your Baby 10	Weaning From the Bottle (Spanish)
PPH 4895	Feeding Your Baby 11	Making Baby Food (English)
PPH 4895S	Feeding Your Baby 11	Making Baby Food (Spanish)

PPH 4896	Feeding Your Baby 12	Baby Food Recipes (English)
PPH 4896S	Feeding Your Baby 12	Baby Food Recipes (Spanish)
PPH 4883	Feeding Your Child 01	Feeding Your One-Year-Old (English)
PPH 4883S	Feeding Your Child 01	Feeding Your One-Year-Old (Spanish)
PPH 4884	Feeding Your Child 02	Feeding Your 18-Month-Old (English)
PPH 4884S	Feeding Your Child 02	Feeding Your 18-Month-Old (Spanish)
PPH 4885	Feeding Your Child 03	Feeding Your Two-Year-Old (English)
PPH 4885S	Feeding Your Child 03	Feeding Your Two-Year-Old (Spanish)
PPH 4886	Feeding Your Child 04	Feeding Your Three-Year-Old (English)
PPH 4886S	Feeding Your Child 04	Feeding Your Three-Year-Old (Spanish)
PPH 4887	Feeding Your Child 05	Feeding Your Four-Year-Old (English)
PPH 4887S	Feeding Your Child 05	Feeding Your Four-Year-Old (Spanish)
PPH 4888	Feeding Your Child 06	Snacks (English)
PPH 4888S	Feeding Your Child 06	Snacks (Spanish)
PPH 4889	Feeding Your Child 07	How to Cope With Your Picky Eater (English)
PPH 4889S	Feeding Your Child 07	How to Cope With Your Picky Eater (Spanish)
PPH 4890	Feeding Your Child 08	When Your Child Refuses to Eat (English)
PPH 4890S	Feeding Your Child 08	When Your Child Refuses to Eat (Spanish)
PPH 4891	Feeding Your Child 09	Iron for Your Child (English)
PPH 4891S	Feeding Your Child 09	Iron for Your Child (Spanish)
PPH 4892	Feeding Your Child 10	Calcium for Your Child (English)
PPH 4892S	Feeding Your Child 10	Calcium for Your Child (Spanish)
PPH 4893	Feeding Your Child 11	Help Your Child Grow (English)
PPH 4893S	Feeding Your Child 11	Help Your Child Grow (Spanish)
PPH 4894	Feeding Your Child 12	Help Your Child Grow Slimmer (English)
PPH 4894S	Feeding Your Child 12	Help Your Child Grow Slimmer (Spanish)
PPH 4968	Feeding Your Child 13	Preventing Childhood Lead Poisoning (English)
PPH 4968S	Feeding Your Child 13	Preventing Childhood Lead Poisoning (Spanish)
PPH 4900	Pregnancy 1	Eating Right! Feeling Good! (English)
PPH 4900S	Pregnancy 1	Eating Right! Feeling Good! (Spanish)
PPH 4901	Pregnancy 2	Gaining The Right Amount of Weight (English)
PPH 4901S	Pregnancy 2	Gaining The Right Amount of Weight (Spanish)
PPH 4902	Pregnancy 3	Snack Attack? Eat Something Good For Your Baby (English)
PPH 4902S	Pregnancy 3	Snack Attack? Eat Something Good For Your Baby (Spanish)
PPH 4903	Pregnancy 4	Eating for Healthy Blood! Getting Enough Iron (English)
PPH 4903S	Pregnancy 4	Eating for Healthy Blood! Getting Enough Iron (Spanish)
PPH 4904	Pregnancy 5	Eating for Strong Bones! Getting Enough Calcium (English)
PPH 4904S	Pregnancy 5	Eating for Strong Bones! Getting Enough Calcium (Spanish)
PPH 4905	Pregnancy 6	Morning Sickness (English)
PPH 4905S	Pregnancy 6	Morning Sickness (Spanish)
PPH 4906	Pregnancy 7	Constipation (English)
PPH 4906S	Pregnancy 7	Constipation (Spanish)
PPH 4907	Pregnancy 8	Indigestion and Heartburn (English)
PPH 4907S	Pregnancy 8	Indigestion and Heartburn (Spanish)
PPH 40036	Pregnancy 9	Gestational Diabetes (English)
PPH 40036S	Pregnancy 9	Gestational Diabetes (Spanish)
PPH 43016	Women's Health	DASH to Lower Blood Pressure
PPH 43012	Women's Health	Doing Something About That Extra Weight
PPH 43013	Women's Health	Eating for Strong Bones
PPH 43014	Women's Health	Getting Enough Iron for Healthy Blood
PPH 43017	Women's Health	Good Things Happen when You are Physically Active
PPH 43015	Women's Health	Handling Stress: Nutrition Tips
PPH 43018	Women's Health	The Latest Diet: Is It For You?
PPH 43019	Women's Health	Type 2 Diabetes: What Do I Need to Know?

NUTRITION

PPH 9302	Breakfast and Learning: Are They Connected? (Poster)
PPH 40106	Fluoride and Drinking Water (English)
PPH 40106S	Fluoride and Drinking Water (Spanish)
PPH 4725	Folate and Eating Right for Women of Childbearing Age (English)
PPH 4725S	Folate and Eating Right for Women of Childbearing Age (Spanish)
PPH 9278	Folic Acid: Good News for Women and Babies (English)
PPH 9278S	Folic Acid: Good News for Women and Babies (Spanish)
PPH 4571	Food Guide Pyramid Not currently available. See http://www.mypyramid.gov.
PPH 40120	Fruits and Vegetables to Manage Your Weight
PPH 40112	Got Dirt? A Garden Tool-Kit
PPH 4078	Healthy Teeth for Happy Smiles (English)
PPH 4078S	Healthy Teeth for Happy Smiles (Spanish)
PPH 4337	Iron Rich Foods
PPH 9301	Smart Families Eat Breakfast
PPH 4026	What to Feed My Child

NUTRITION FACT SHEETS (Only available on the WICPRO website)

PPH 40031	Calcium Recommendations: Healthy Choices for Children and Adolescents
PPH 40035	Gestational Diabetes
PPH 4767	Infant Feeding and the Prevention of Water Intoxication in Infants (Fact sheet for professionals)
PPH 40022	Infant Feeding for Full-Term Infants
PPH 40023	WIC Formulas for Infants and Children

BREASTFEEDING

PPH 9293	Breastfed Babies Welcome Here! A Mother's Guide
PPH 9292	Breastfed Babies Welcome Here! Child Care Provider Guide
PPH 9291	Breastfed Babies Welcome Here! Poster
PPH 4950	Breastfeeding 01 Breastfeeding Information From Someone Who Knows (English)
PPH 4950S	Breastfeeding 01 Breastfeeding Information From Someone Who Knows (Spanish)
PPH 4951	Breastfeeding 02 Breastfeeding Can Fit Into Your Life (English)
PPH 4951S	Breastfeeding 02 Breastfeeding Can Fit Into Your Life (Spanish)
PPH 4952	Breastfeeding 03 The Best Start (English)
PPH 4952S	Breastfeeding 03 The Best Start (Spanish)
PPH 4953	Breastfeeding 04 Breastfeeding in the First Weeks (English)
PPH 4953S	Breastfeeding 04 Breastfeeding in the First Weeks (Spanish)
PPH 4954	Breastfeeding 05 Making Enough Milk For Your Baby (English)
PPH 4954S	Breastfeeding 05 Making Enough Milk For Your Baby (Spanish)
PPH 4955	Breastfeeding 06 Breast Soreness (English)
PPH 4955S	Breastfeeding 06 Breast Soreness (Spanish)
PPH 4956	Breastfeeding 07 Sleepy Baby (English)
PPH 4956S	Breastfeeding 07 Sleepy Baby (Spanish)
PPH 4957	Breastfeeding 08 Breastfeeding at Work or School (English)
PPH 4957S	Breastfeeding 08 Breastfeeding at Work or School (Spanish)
PPH 4958	Breastfeeding 09 Collecting Milk (English)
PPH 4958S	Breastfeeding 09 Collecting Milk (Spanish)
PPH 4959	Breastfeeding 10 Storing, Thawing and Warming Breastmilk (English)
PPH 4959S	Breastfeeding 10 Storing, Thawing and Warming Breastmilk (Spanish)
PPH 4960	Breastfeeding 11 Breastfeeding an Older Baby (English)
PPH 4960S	Breastfeeding 11 Breastfeeding an Older Baby (Spanish)
PPH 40116	Breastfeeding 12 Vitamin D and Your Baby (English)

PPH 40116S	Breastfeeding 12 Vitamin D and Your Baby (Spanish) Available in April of 2006
No Number	Breastfeeding Video: Another Way of Saying I Love You (Call Central Office: 608-266-9824)
PPH 9317	Breastfeeding Video: Discussion Guide
PPH 9316	Breastfeeding Your Baby: Making the Decision Together
PPH 9418	Breastfeeding Your Baby: Poster
PPH 9347	Breastfeeding: Getting Started in 5 Easy Steps (English)
PPH 9347S	Breastfeeding: Getting Started in 5 Easy Steps (Spanish)
PPH 9315	Fathers Can Support Breastfeeding: Brochure
PPH 9417	Fathers Can Support Breastfeeding: Poster
No Number	Fathers Supporting Breastfeeding: Video (Call Central Office to order: 608-266-9824)

PERINATAL, INFANT AND CHILD HEALTH

PPH 9321	Caring for Your Baby: A Newborn and Infant Care Handbook (English)**
PPH 9321S	Caring for Your Baby: A Newborn and Infant Care Handbook (Spanish)**
PPH 40123A	Hearing Screening Postcard (English)
PPH 40123AH	Hearing Screening Postcard (Hmong)
PPH 40123AS	Hearing Screening Postcard (Spanish)
PPH 4739	Hemoglobin C Trait
PPH 40033	More Than Just the Blues (English) Out of stock until May of 2006
PPH 40033H	More Than Just the Blues (Hmong)
PPH 40033S	More Than Just the Blues (Spanish)
PPH 4390	Newborn Screening in Wisconsin (English)
PPH 4390S	Newborn Screening in Wisconsin (Spanish)
PPH 40053	Nutrition Services for Children with Special Health Care Needs
PPH 9322	Planning a Healthy Pregnancy: A Self-Care Handbook (English)**
PPH 9322S	Planning a Healthy Pregnancy: A Self-Care Handbook (Spanish)**
PPH 4566	Sickle Cell Trait

**These publications are available only to local public health departments, and to prenatal care coordinators who are individual providers or community-based organizations. HMOs, hospitals and clinics should contact the Channing Bete Company to order a supply. (<http://www.channing-bete.com>)

ALCOHOL, TOBACCO AND OTHER DRUG ABUSE

PPH 40124	Drugs and Alcohol Can Hurt You and Your Children
PPH 4825	Give a Gift to Your Baby (Limit 10 pads per order)
PPH 9272	Give Your Baby a Healthy Start: Stop Smoking (English)
PPH 9282	Give Your Baby a Healthy Start: Stop Smoking (Spanish)
PPH 4823	Keep Your Baby Smoke-Free (Limit 10 pads per order)
PPH 9296	Making the Right Choices: The Facts About Alcohol and Pregnancy
PPH 9294	Making the Right Choices: The Facts About Drugs and Pregnancy
PPH 4824	To Slip and Smoke Doesn't Mean You Failed (Limit 10 pads per order)

FARMERS' MARKET NUTRITION PROGRAM

PPH 9342	African-Americans Take the Five-A-Day Challenge for Better Health
DPH 4747	Compliance Buy Report (Call Central Office to order: 608-261-8867)
PPH 40045	Eat Well, Play Hard: The Farmers' Market Cookbook (English)
PPH 40045S	Eat Well, Play Hard: The Farmers' Market Cookbook (Spanish)
PPH 9343	Energizing Tips for a Healthier Family
PPH 4854	Farmers Training Manual (Call Central Office to order: 608-261-8867)
DPH 4800	Farmers' Market Application (Call Central Office to order: 608-261-8867)

PPH 4749	Farmers' Market Participant Brochure (English)
PPH 4749S	Farmers' Market Participant Brochure (Spanish)
DPH 40018	Farmers' Market Participant Complaint Form (Call Central Office to order: 608-261-8867)
DPH 4746	Farmers' Market Site Observation Worksheet (Call Central Office to order: 608-261-8867)
PPH 4748	Farmers' Market Vendor Sign (Call Central Office to order: 608-261-8867)
DPH 40053	Farmers' Market Verification of Farmer Training (Call Central Office to order: 608-261-8867)
DPH 4819	Farmstand Application (Call Central Office to order: 608-261-8867)
PPH 40013	Fruit & Vegetable Card Apples (English)
PPH 40013S	Fruit & Vegetable Card Apples (Spanish)
PPH 40012	Fruit & Vegetable Card Berries (English)
PPH 40012S	Fruit & Vegetable Card Berries (Spanish)
PPH 40006	Fruit & Vegetable Card Broccoli (English)
PPH 40006S	Fruit & Vegetable Card Broccoli (Spanish)
PPH 40011	Fruit & Vegetable Card Carrots (English)
PPH 40011S	Fruit & Vegetable Card Carrots (Spanish)
PPH 40003	Fruit & Vegetable Card Corn (English)
PPH 40003S	Fruit & Vegetable Card Corn (Spanish)
PPH 40008	Fruit & Vegetable Card Green Beans (English)
PPH 40008S	Fruit & Vegetable Card Green Beans (Spanish)
PPH 40004	Fruit & Vegetable Card Greens (English)
PPH 40004S	Fruit & Vegetable Card Greens (Spanish)
PPH 40043	Fruit & Vegetable Card Grilling Vegetables (English)
PPH 40043S	Fruit & Vegetable Card Grilling Vegetables (Spanish)
PPH 40042	Fruit & Vegetable Card Herbs (English)
PPH 40042S	Fruit & Vegetable Card Herbs (Spanish)
PPH 40041	Fruit & Vegetable Card Lettuce (English)
PPH 40041S	Fruit & Vegetable Card Lettuce (Spanish)
PPH 40010	Fruit & Vegetable Card Peas (English)
PPH 40010S	Fruit & Vegetable Card Peas (Spanish)
PPH 40005	Fruit & Vegetable Card Potatoes (English)
PPH 40005S	Fruit & Vegetable Card Potatoes (Spanish)
PPH 40040	Fruit & Vegetable Card Stir Frying (English)
PPH 40040S	Fruit & Vegetable Card Stir Frying (Spanish)
PPH 40007	Fruit & Vegetable Card Summer Squash (English)
PPH 40007S	Fruit & Vegetable Card Summer Squash (Spanish)
PPH 40009	Fruit & Vegetable Card Tomatoes (English)
PPH 40009S	Fruit & Vegetable Card Tomatoes (Spanish)
PPH 40014	Fruit & Vegetable Card Winter Squash (English)
PPH 40014S	Fruit & Vegetable Card Winter Squash (Spanish)
PPH 40044	It's a Veggie Cookbook (English)
PPH 40044S	It's a Veggie Cookbook (Spanish)
PPH 9344	Time to Take Five: Eat 5 Fruits and Vegetables a Day

VENDOR MATERIALS

PPH 4211	Administrative Rules (HFS 149)
PPH 4093	Approved Foods (Shelf Talker)
PPH 4081A	Cashier Instructions for Accepting Wisconsin WIC Checks
PPH 4123	If You Are Using WIC Checks (Cash Register Sticker) (Call WIC Vendor Unit: 608-266-6912)
DPH 4322	Participant/Vendor Complaint Form (Call WIC Vendor Unit: 608-266-6912)
DPH 4444	Vendor Forms and Publications Order Form (Call WIC Vendor Unit: 608-266-6912)
PPH 4537	Vendor Manual
DPH 40004A	Vendor Monitoring Result with Offenses (Call WIC Vendor Unit: 608-266-6912)
DPH 40004B	Vendor Monitoring Result without Offenses (Call WIC Vendor Unit: 608-266-6912)
DPH 4003	Vendor Monitoring Worksheet (Call WIC Vendor Unit: 608-266-6912)

DPH 4727	Vendor Training Proof of Participation
PPH 4728	WIC Approved Food List (English) (Print from WICPRO website)
PPH 4728S	WIC Approved Food List (Spanish) (Print from WICPRO website)
PPH 4578	WIC Approved Foods Brochure (Pictorial Guide)
PPH 4360	WIC Approved Foods UPC Codes
PPH 4098	WIC Checks Accepted Here (Large Sticker)
PPH 4089	WIC Checks Accepted Here (Small Sticker)
PPH 40020	WIC Infant Formula Checks Accepted Here (Door decal for pharmacies)